

**SHEBOYGAN FALLS YMCA**

305 Buffalo Street, Sheboygan Falls, WI 53085

P 920-467-2464 • F 920-467-4641

[www.sheboygancountyyymca.org](http://www.sheboygancountyyymca.org)



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**BASKETBALL CONDITIONING**

**FALL 1: SEPTEMBER 9 - OCTOBER 21, 2024**

**for Boys & Girls in Grades 3 - 5**

If you want to get into shape for the upcoming basketball season, come join our conditioning class on Monday nights! You will work on quickness, strength and agility while having fun working out. This class will give you a jump start on your competition for the season.

Monday ..... 4:30pm - 5:15pm

**GA GA BALL/DODGEBALL**

**FALL 1: SEPTEMBER 10 - OCTOBER 22, 2024**

**for Boys & Girls in Grades 1 - 5**

Work on the basics while having fun! Drills to help you develop your skills and work on your conditioning to allow you to have fun playing games while also growing as a young hooper!

Tuesday ..... 4:00pm - 4:45pm

**SPORTS OF ALL SORTS**

**FALL 1: SEPTEMBER 13 - OCTOBER 25, 2024**

**for Boys & Girls in Grades 1 - 4**

If you are looking for something fun to do, come join our after school sports program. Each week we will play a different sport for an afternoon of fun!

Friday ..... 4:00pm - 4:45pm

**CATCH 'N RUN/DODGEBALL**

**FALL 2: NOVEMBER 5 - DECEMBER 17, 2024**

**for Boys & Girls in Grades 1 - 4**

Check out the challenge and fun of this class. Learn great throwing, catching and teamwork. We will end class with different dodgeball games.

Tuesday ..... 4:00pm - 4:45pm

**NERF BATTLE**

**FALL 2: NOVEMBER 8 - DECEMBER 20, 2024**

**for Boys & Girls in Grades 1 - 4**

Grab your friends and come join us for fun playing gaga ball and Nerf battle. Each week will have different Nerf games including team battle, capture the flag, Nerf freeze tag and many more! Please bring your own Nerf toys. The YMCA will provide universal ammo for the Nerf toys. Don't miss out on the Friday fun!

Friday ..... 4:00pm - 5:00pm



For more information, please contact:

Ashley Liermann  
aliermann@sheboygancountyyymca.org  
Phone: 920-467-2464 x202

**SHEBOYGAN FALLS YMCA 2024 FALL YOUTH PROGRAMS**

Please return to the Sheboygan Falls YMCA, 305 Buffalo Street, Sheboygan Falls, WI 53085

Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Grade \_\_\_\_\_  M  F  
Address \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone 1 \_\_\_\_\_ Phone 2 \_\_\_\_\_  
Email \_\_\_\_\_ School \_\_\_\_\_

**Hold Harmless Agreement**

I hereby agree to waive any claim or liability I may have on the YMCA arising out of use of the facility, and further agree that I will indemnify and save harmless the YMCA from any and all claims brought against the YMCA, its members and volunteers, on account of death, injury, or damage to persons or property received by any persons by reason of the acts or omissions of the users in their use. I also agree to waive any claims against the YMCA, its members and volunteers for injuries or damages that may result from the conduct of other persons, including participants in the program. I understand the above responsibilities and I give permission for myself and/or my child to participate and be photographed in YMCA activities.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**\*\*Member pricing for Sheboygan County YMCA members!**

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|--|---|
| <input checked="" type="checkbox"/> <b>BASKETBALL CONDITIONING</b> 24F1-2YBBALL... | <input checked="" type="checkbox"/> <b>CATCH 'N RUN/DODGEBALL</b> 24F2-2YCATCH... |
| <input type="checkbox"/> \$15.00 YMCA Family Member**                              | <input type="checkbox"/> \$5.00 YMCA Family Member**                              |
| <input type="checkbox"/> \$19.00 YMCA Youth Member**                               | <input type="checkbox"/> \$7.00 YMCA Youth Member**                               |
| <input type="checkbox"/> \$25.00 Participant                                       | <input type="checkbox"/> \$10.00 Participant                                      |
| <input type="checkbox"/> <b>GAGA BALL/DODGEBALL</b> 24F1-2YGAGA...                 | <input checked="" type="checkbox"/> <b>NERF BATTLE</b> 24F1-2YNERFBATT...         |
| <input type="checkbox"/> <b>SPORTS OF ALL SORTS</b> 24F1-2YSPTS...                 | <input type="checkbox"/> \$10.00 YMCA Family Member**                             |
| <input type="checkbox"/> \$7.00 YMCA Family Member**                               | <input type="checkbox"/> \$13.00 YMCA Youth Member**                              |
| <input type="checkbox"/> \$9.00 YMCA Youth Member**                                | <input type="checkbox"/> \$18.00 Participant                                      |
| <input type="checkbox"/> \$12.00 Participant                                       |   |

**Email form to: [aliermann@sheboygancountyyymca.org](mailto:aliermann@sheboygancountyyymca.org)**

**Payment**  
 Cash  Check  Credit Card # \_\_\_\_\_ Exp Date \_\_\_\_\_ 3 Digit Code \_\_\_\_\_

Receipt # \_\_\_\_\_ Amount Paid \_\_\_\_\_ Rec'd By \_\_\_\_\_ Date \_\_\_\_\_